

SHIP8 Clinical Commissioning Groups Priority Committee

No. 45

Policy Recommendation: Female Sterilisation

Date of issue: 24th January 2019

Funding approval for surgical treatment of fertility in women will only be funded as a standalone procedure or during a caesarean section in women who meet **all** the following criteria;

- The patient understands that the sterilisation procedure is irreversible and any attempt at the reversal of sterilisation operation would not be routinely funded
- She is certain that her family is complete
- She understands that vasectomy in the partner is the preferred option but the male partner is unwilling or unable to consent to vasectomy or where vasectomy for relevant male partner(s) is not feasible
- She has received counselling about all other forms of contraceptives and has either undergone an unsuccessful trial of Long Acting Reversible Contraception (LARC) or where LARC is contraindicated or inappropriate
- She understands that she will be required to avoid sex or use effective contraception until the menstrual period following the operation and that sterilisation does not prevent against the risk of sexually transmitted infections
- Women should be counselled well before caesarean section in order to reduce the incidence of regret.

The committee makes this recommendation in the knowledge that it allows more equitable access to more effective healthcare whilst reducing overall burden on the system.

Review date: February 2023

Whilst the panel recognised the considered expert advice of NICE and NHS England EBI in their recommendation the panel also had a duty to prioritise spending of a finite resource locally and made a decision which it felt gave the most equitable and effective use of investment