

# SHIP8 Clinical Commissioning Groups Priorities Committee

No. 58

## **Policy Recommendation: Gastric Fundoplication in reflux oesophagitis**

**Date of issue: August 2019**

The Priorities Committee considered the evidence for laparoscopic fundoplication for chronic reflux oesophagitis.

The committee were keen to stress the importance of lifestyle interventions and weight management in the care and treatment of these people as a core aim to aid health improvement.

Laparoscopic fundoplication is recommended as a treatment option in adults who have at least one of the following characteristics:

- Regular, significant\* symptoms of gastro-oesophageal reflux, including significant difficulty sleeping, despite receiving at least one year of continuous pharmacological treatment up to the maximum recommended dose licensed for reflux oesophagitis OR in those where long term pharmacological intervention is contraindicated.
- Significant\* volume reflux placing them at risk of aspiration;
- Anaemia because of oesophagitis.

\*In this instance 'significant' is taken to mean;

- Symptoms that prevent them from properly fulfilling work, domestic or carer duties or educational responsibilities;
- Is present more than half the time;
- Happens frequently over the preceding 30 days

**Review date: August 2023**

*Whilst the Committee recognised the considered expert advice of NICE and NHS England Evidence Based Interventions guidance in their recommendation, it also had a duty to prioritise spending of a finite resource locally and made a decision which it felt gave the most equitable and effective use of investment*