

## Thames Valley Priorities Committee Commissioning Policy Statement

**Policy No. TVPC29**

**Dilatation and curettage (D&C) for abnormal uterine bleeding**

**Recommendation made by the Priorities Committee:**

**July 2015; reviewed July 2018<sup>1</sup>; reviewed July 2021<sup>2</sup>**

**Date of issue:**

**August 2021**

Abnormal uterine bleeding (AUB) i.e. heavy menstrual bleeding (HMB), irregular bleeding and postmenopausal bleeding can affect women of both reproductive and post-reproductive age. The diagnosis and treatment of AUB are different according to the menopausal status of the person.

D&C alone is **not normally funded** as a diagnostic tool, but may be undertaken as an aid to diagnosis of the causes of abnormal uterine bleeding.

D&C is **not normally funded** as a therapeutic intervention for the treatment of AUB.

For women presenting with heavy menstrual bleeding the current [NICE Guideline NG88 \(2018, updated 2021\)](#) advocates initial primary care management of HMB but recognises the need for diagnostic tests in specific cases to evaluate the uterus, namely endometrial biopsy, ultrasound scan and hysteroscopy.

For women presenting with post-menopausal bleeding, investigations include ultrasound scan to measure the thickness of the endometrium, endometrial biopsy and hysteroscopy.

For further patient information please refer to <https://www.aomrc.org.uk/ebi/patients-and-carers/> 'Surgery to investigate and relieve heavy periods'.

### **Primary diagnosis codes**

N920 - Excessive and frequent menstruation with regular cycle

N921 - Excessive and frequent menstruation with irregular cycle

N922 - Excessive menstruation at puberty

N924 - Excessive bleeding in the premenopausal period

N92.5 Other specified irregular menstruation

<sup>1</sup> No changes have been made to this policy.

<sup>2</sup> Following review of this policy, a link to patient information is included. This policy is in line with NHS Evidence-based intervention list 1 guidance. No further changes have been made

N92.6 Irregular menstruation, unspecified

N93.8 Other specified abnormal uterine and vaginal bleeding

N93.9 Abnormal uterine and vaginal bleeding, unspecified

**Procedure code**

Q103 Dilation of cervix uteri and curettage of uterus NEC

NOTES:

- Potentially exceptional circumstances may be considered by a patient's CCG where there is evidence of significant health status impairment (e.g. inability to perform activities of daily living) and there is evidence that the intervention sought would improve the individual's health status.
- This policy will be reviewed in the light of new evidence or new national guidance, e.g. from NICE.
- Thames Valley clinical policies can be viewed at <https://www.fundingrequests.ccsu.nhs.uk/>