

## Thames Valley Priorities Committee Commissioning Policy Statement

**Policy No. TVPC33**

**Surgical treatment of femoro acetabular hip impingement (FAI) (open or arthroscopic)**

**Recommendation made by the Priorities Committee:**

**November 2015; reviewed July 2018<sup>1</sup>; reviewed July 2021<sup>2</sup>**

**Date of issue:**

**September 2021**

In addition to the Thames Valley Policy requirements set out below, all Berkshire West patients with a knee/hip related condition must be seen by Berkshire West's MSK Community Specialist Service (MSKCSS) prior to referral to secondary care and therefore any referrals received directly from GPs (for Berkshire West patients) should be rejected by secondary care **before an appointment with a Consultant is offered/given.**

The following documentation must be received from the MSKCSS **before an appointment with a Consultant is offered/given:**

1. A referring clinical letter from MSKCSS, confirming criteria has been met.
2. An MSK Proforma - shared decision making, lifestyle discussions and conservative management options will be a fundamental requirement of physiotherapy and the MSKCSS service.
3. For more complex cases where a patient is referred '**for Consultant opinion**', MSKCSS will provide an MSK Proforma and a letter detailing they have discussed and agreed this in MDT.

All providers are to ensure the referring clinical letter & MSK Proforma are recorded within the Ortho notes and accessible for audit.

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<sup>1</sup> No changes have been made to this policy.

<sup>2</sup> Following review of this policy with local clinicians, a statement regarding further investigations has been included. No further changes have been made.

Based on the limited evidence of clinical and cost effectiveness available for surgical interventions for FAI syndrome, open or arthroscopic femoro-acetabular surgery for hip impingement is commissioned only for patients who fulfil all of the following criteria:

1. Diagnosis of labral tear or definite femoro-acetabular impingement has been confirmed by appropriate investigations.
2. Failure to respond to all available conservative treatment options including activity modification, pharmacological intervention and specialist physiotherapy.
3. The clinician has ensured that the patient understands what is involved, is aware of the serious known complications outlined in the NICE patient information and agrees to the treatment knowing that there is only evidence of symptom relief in the short and medium term.
4. The surgeon must have completed specialist training and have experience of providing arthroscopic and/or open hip impingement surgery. Surgeons carrying out these procedures should be undertaking a minimum of 75 procedures per year to ensure sufficient specialist experience. Surgery will only be commissioned from surgeons included on the Thames Valley CCGs' list of specialist surgeons, maintained by the Individual Funding Request Team and confirmed as part of the prior approval process for the procedure.
5. The provider will provide full data on 100% of patients undergoing this procedure to the Non-Arthroplasty Hip Registry.
6. The provider will undertake a local review of cases to monitor safety and short term outcomes.

For patients who have had prior surgery for hip impingement and who subsequently present with related symptoms, referral for appropriate investigations and further arthroscopy will be funded and does not require prior approval.

#### Exclusion criteria:

- Patients with a joint space that is less than 2.5mm wide anywhere along the sourcil (shadow of dense osseous tissue) on plain radiograph of the pelvis.
- Patients who have severe hip dysplasia.

This policy is in alignment with the NICE Interventional Procedure Guidance 403 Open femoro-acetabular surgery for hip impingement syndrome (2011)<sup>3</sup> and 408 Arthroscopic femoro-acetabular surgery for hip impingement syndrome (2011)<sup>4</sup>

#### **ICD10 Diagnosis Codes and OPCS Procedure Codes**

There are no codes specific to the diagnosis of hip impingement or to hip impingement surgery.

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<sup>3</sup> <http://www.nice.org.uk/guidance/ipg403>

<sup>4</sup> <http://www.nice.org.uk/guidance/ipg408>

NOTES:

- Potentially exceptional circumstances may be considered by a patient's CCG where there is evidence of significant health status impairment (e.g. inability to perform activities of daily living) and there is evidence that the intervention sought would improve the individual's health status.
- This policy will be reviewed in the light of new evidence or new national guidance, e.g. from NICE.
- Thames Valley clinical policies can be viewed at <https://www.fundingrequests.ccsu.nhs.uk/>