

Hampshire and Isle of Wight Integrated Care Board Priorities Committee

Policy title	Policy 24: Use of autologous blood injections and platelet rich plasma injections for musculoskeletal conditions
Policy position	Not Normally Funded
Date of issue	January 2023
Update	This policy will be updated as per 3-year cycle or in light of a substantial body of new evidence or new national guidance (e.g. NICE)

Due to insufficient evidence of clinical or cost effectiveness, the use of autologous blood injections or platelet rich plasma injections are interventions **not normally funded** in the treatment of:

- Tendinopathies; tennis and golfers' elbow (medial and lateral tendinopathy), Achilles' tendinopathy, patella tendinopathy
- Rotator cuff tears and impingement
- Plantar fibromatosis

Coding:

Procedure OCPS

T746 Autologous blood injections

X34.2 Transfusion of plasma NEC

T57.5 Injection of therapeutic substance into fascia (for M72.2 ICD10)

Diagnosis ICD10

M72.2 Plantar fascial fibromatosis

M75.1 Rotator cuff syndrome

M75.2 Rotator cuff syndrome (tear / rupture not specified as traumatic)

M75.4 Impingement syndrome of shoulder

M77.1 Tennis elbow (lateral epicondylitis)

M77.0 Golfer elbow (medial epicondylitis)

M76.6 Achilles' tendinitis

M76.5 Patella tendinitis

Version	Date	Reason for change
Version 1	2017	New policy
Version 2	2021 (Ratified by Board July 2022)	3 yearly update, no change in policy.

Exceptional circumstances may be considered where there is evidence of significant health impairment and there is also evidence of the intervention improving health status